

# Red, White, and Blue Fruit Skewers with Cheesecake Yogurt Dip



## Ingredients:

### For the cheesecake dipping sauce:

- 4 oz 1/3 less fat cream cheese, softened
- 1 cup fat free Greek yogurt
- 1 tsp vanilla
- 1/4 cup raw sugar

### For the skewers:

- 14 oz angel food cake, cut about 1-inch cubes
- 72-84 medium strawberries (about 3.5 lbs) stems removed
- 1 pint blueberries
- 24 to 28 skewers

Directions:

In a medium bowl, **combine** the cream cheese with yogurt, vanilla and sugar. Mix well until sugar dissolves; set aside.

**Thread** 3 strawberries and 2 cubes of cake onto each skewer, alternating between strawberries and cake. **Finish** each skewers with 3 blueberries. **Place** finished skewers on a platter and refrigerate until ready to eat.

serving size: 1 skewer, 1 tbsp dip  
makes about 24 – 28 skewers